

# Avenue Pre-Preparatory School and Nursery

## KS1 Curriculum Policy

### Physical Education

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Authorised by Mary Fysh, Principal and Martin Ayres, Chair of Advisory Board

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## Introduction

In the Pre-Prep Department we aim to give our pupils opportunities for progression, knowledge and development of skills through the enjoyment of physical activity in a structured curriculum and safe, supportive environment. We aim to foster a positive attitude towards fitness, health and hygiene.

## Aims

We aim to ensure that each child:

- receives a balanced programme of physical activities as set out in the National Curriculum
- will be taught in a safe, structured environment in which he/she can develop physical skills, become self-motivated and acquire confidence and pride in physical achievement
- will be encouraged to develop his/her full potential
- knows where equipment is stored and how to handle and use it safely
- is aware of the need for a dress code which encourages safety e.g. no jewelry to be worn, appropriate clothing to be worn to school on the day PE and ice-skating, long hair tied back, swimming hat to be worn whilst swimming

## Differentiation

We aim to encourage all pupils to reach their full potential through the provision of varied opportunities. We recognise that our curriculum planning must allow pupils to gain a progressively deeper understanding and competency as they move through our school.

## Evaluation and Assessment

The assessment of P.E. is an integral part of teaching. It allows teachers to identify what has been learnt and to monitor pupils' progress. Assessment should also diagnose and identify ways of overcoming particular learning difficulties. Examples of achievement will be noted in the Summer term report.

## Equal Opportunities

All children will be given equal access to P.E. irrespective of race, gender, creed, level of ability or nationality. Mutual respect and tolerance for all cultures will be promoted through the study